

**Brookwood Swim/Dive
Agenda - team meeting
Thursday, January 7th**

***Attendance** – make sure you have initialed next to your name that your guided study teacher is still correct.
This is the teacher your newsletter will be sent to.

***Future meet schedule** - see back of this sheet.

- ***If you cannot participate in a meet I need to know at least 7 days beforehand. Unless I hear from you, I assume that you are available to swim. Check schedule and let me know ASAP.
- entries for County Championship are due a week before the meet so you will need to let me know of any problems well before then. Check newsletters for updated info.
- County Championship qualifying times need to have been met before entries are due. It looks like the weekend of Jan. 16th (22nd for last minute entries) will be the last opportunity to get qualifying times. If you have not met the times by then - you will not be participating.
- County Championship meet format will be similar to last year. It will be prelims / finals With swimming prelims on different days for the males and females.
- meet participants should be posted in Commons Area on Monday the week of the meet
 - ***Bulletin board in commons** -following will be posted
 - most recent newsletter
 - list of who will be participating at a meet
 - list of most recent Top times for events
 - times / splits from recent meet(s)

***Why are Top times important?**

- used as a guide to make out lineups and relays
- to qualify for State & County, you must have swum qualifying time at a Brookwood meet
- **For State Championship, I am allowed to have only 4 entries per gender per event.**
For example, if 6 girls qualify in 500 Free, I can only enter four of them in the 500 at State. I will obviously be choosing the 4 fastest times.

* **State qualifying times** – the current updated list of State qualifiers for the entire state can be found at the following website - <http://ga.prepcountry.com>

* **County top times** – the current top times for the County are on the Gwinnett Swim & Dive website <http://gwinnettswimdive.org>

-this would be a good place to see how your times may help the team at the County Championships

* **Reminder of guidelines for lettering** - must meet all 4 of these qualifications & be “active” and

1. Meet attendance requirements for meets, practice, and meetings.
 - *Practice - all athletes must attend at least 85% of scheduled practices (this includes USS swimmers)
2. Must participate in at least six (6) meets (not counting State)
3. If you qualified, you must participate in State and County Championship meets.
4. Must qualify in at least one (1) of the following:
 - a. Qualify for the State meet (relay events included).
 - b. Meet adjusted time qualifications as stated in team guideline
 - c. Earn at least one (1) point in an individual event at the County championships.
 - d. Be a Senior who has been active team member for swim career

* **Announcements -**

- Change of meet preferences? – let Coach Puckett know in writing
- Upcoming Social Events
 - * Cosmic Bowling - Snellville Lanes AMF (2350 Ronald Reagan Parkway)
Friday, January 15th 9:00-11:00 PM
\$11 per person (includes 2 hours of unlimited bowling, shoes and drinks).
Snack bar will be open for purchases.
 - * Spaghetti Dinner – Flowers Crossing Kids Towne Hall (1184 Providence Drive)
Wednesday, January 20th 7:30 – 8:30 pm
Food items to bring (based on last name) –
A – H pasta dish (ready to eat)
I – P dessert
Q – Z salad and bread
 - * Brunch – Flowers Crossing Kids Towne Hall (1184 Providence Drive)
Saturday, January 20th 11:00 am – 1:00 pm
Bring your favorite brunch-type foods to share
Ex- – egg casseroles, pigs in blanket, sub sandwiches, French toast, pizza, fruit salad
- Senior dinners – Wednesday 1/13, Monday 1/18, & 1/25 –
 - o NONE on 1/11 (PTSA Open House) or 2/1 (State entries due)
- **Take care of yourself** – we can’t afford to have individuals getting sick and not competing at peak performance in the important meets at the end of the season

**Brookwood
Swim/Dive
Remainder of Schedule**

All meets being held at Gwinnett County pools will have a 45 minute warm-up session before beginning the meet. The first time listed for meets is when warm-ups will begin and when volunteer parents need to report. For all meets not in Gwinnett County the first time listed is when the meet will begin.

<u>Date</u>	<u>Meet</u>	<u>Approx. times</u>	<u>Location</u>
Sat, Jan 9	vs. Peachtree Ridge *check in at school by <u>5:30 pm</u> , bus will leave shortly afterwards	6:30 – 10:30 pm	West Park pool
Sat, Jan 16	vs. Mill Creek *check in at school by <u>5:45 pm</u> , bus will leave shortly afterwards	6:30 – 10:30 pm	Mountain Park pool
Fri, Jan 22	vs. Parkview *check in at school by <u>5:45 pm</u> , bus will leave shortly afterwards	6:30 – 10:30 pm	Mountain Park pool
Sat, Jan 23	Gwinnett Dive Invitational	time TBA	Mountain park pool
Wed, Jan 27	County Championships – diving Finals	TBA	Mountain Park pool
Thur, Jan 28	County Championship – male swim prelims	TBA	West Park pool
Fri, Jan 29	County Championships – female swim prelims	TBA	West Park pool
Sat, Jan 30	County Championships – swim finals (both genders) NOTE – County qualifying standard must be met to participate	PM	West Park pool
Wed, Feb 10	State Championships – dive finals	1:00 pm	Marist
Thur, Feb 11	State Championships – swim prelims	PM	Westminster
Sat, Feb 13	State Championships – swim finals NOTE – State qualifying standard must be met to participate	1:00 pm	Westminster